



The 30th Annual Presentation of the Georgette Shatford Series

How to Survive and Thrive with a Mentally Ill Relative

presented by

Michael Di Paolo, Ph.D.

Education Providing the Blueprint for Recovery

(open to the public and free of charge)

Dates: Tuesdays, Sept. 9th to Oct. 21st

Location: Pacific Clinics Training Institute
2471 East Walnut Street
Pasadena, CA 91107

Time: Check-in begins at 6:30 PM, and lecture is from 7:00 - 9:00 PM

September 9 *Inside the World of Bipolar Disorder*

September 16 *Balancing Bipolar - 4 Pillars of Treatment*

September 23 *Inside the Darkness of Depression*

September 30 *Inside the "Beautiful Mind" of Schizophrenia*

October 7 *Recovery with Schizophrenia*

October 14 *Understanding Trauma and PTSD*

October 21 *The Family as Ally - Helpful Skills and Strategies*

Dr. Di Paolo received his B.A. in psychology, with a double major in business from the University of Notre Dame. He received a Master's Degree (M.A.) in human development from Columbia University/Teachers' College. He received his Doctoral Degree in clinical psychology (Ph.D.) from the California School of Professional Psychology in Los Angeles. Dr. Di Paolo also completed a one-year postgraduate training program in psychoanalytic psychotherapy at the Institute for Contemporary Psychoanalysis.